Editorial



Although the arrival of spring also seems to bring the announcement of the end of the pandemic, we continue in the search for the elaboration of the symbol of death constellated due to so many losses. The avalanche of anxiety that disturbed millions of people at the outbreak of COVID-19, gave way to depression, descent into the underworld, alchemical operation of mortificatio, for the rescue and reflection on what was lost or abandoned and the consequent transformation of consciousness. We are still in this reflective process. The constellated symbolism is linked to defeat, torture, decay, but it also leads to images of growth, resurrection, and rebirth. This is a heroic journey, requiring courage and determination to reach the transformative potential inherent in death and effect the necessary changes for a new beginning, for the resumption of life. The symbol of death is associated with the planting and germination of seeds that will later grow and reach light.

Our honored in the 39th edition of Junguiana is Dr. Nise da Silveira, a psychiatrist from the Northeast of Brazil, who has heroic characteristics and who fought so hard for the transformation of the treatment of people with mental disorders by medicine in the last century, using powerful weapons: affection and art. Her entire life story and struggle in defense of an ethical attitude relating to patients was permeated by respect for others, by humane treatment. Her affinity for the profound, her practice and the legacy she left behind serve as inspiration for us to believe in the possibility of transformation through the sowing of love and respect. Dr. Nise said: "After my death, I want to be remembered with emotion". As Gilberto Gil, another northeasterner, has already sung: "(...) it is like a grain, a seed of illusion, it has to die to germinate". It is with art and emotion that we pay tribute to her, aware that her journey gave birth to light where before there was only darkness.

We begin the second part of the Nise da Silveira dossier with three testimonials. In the first, "Nise da Silveira: first and unique", the author praises the visionary soul, Aquarian, open to catch and decode the meaning of any phenomenon that presents itself to her attentive eyes and tuned ears. In "From therapeutic mandala to dramaturgical mandala: epistle to dra. Nise" approximations are made between the practices of the *therapeutic mandalas*, inaugurated by the psychiatrist from Alagoas, and the *dramaturgical mandalas*, procedure of the *Mitodologia em Arte*. "The important contribution of Nise da Silveira's work to Jung's Analytical Psychology" traces a historical retrospective, helping us to understand Nise's passion for her work and sharing the author's experience in working with her at *Casa das Palmeiras*. After this testimonial session, we present the articles that compose the dossier. "Towards a nisean method in mental health: creating an art studio in a psychiátric

¹ Cf. MACEDO, V. (2021) The important contribution of Nise da Silveira's work to Jung's Analytical Psychology, Junguiana, São Paulo, n.39/2.

emergency ward" reports the experience of the artistic intervention proposed by the Psychology Residency Program in Mental Health at the Ulysses Pernambucano Psychiatric Hospital and the University of Pernambuco, seeking to update the Nise da Silveira's method in mental health care.

The article "From the courtyard to a possible encounter: clay on the treatment of a psychiatric patient" describes the psychological care provided to a patient residing in a hospital specialized in mental health, using clay as an expressive resource, inspired by the teachings of Dr. Nise. Next, we present the articles that complete this edition. These are works on themes that address, in one way or another, diversity, difference: in sexualities, in theories, in communication, in the interface between literature and psychology. "The heteropatriarcal complex: a contribution to the study of sexuality in Analytical Psychology based on Social Theory" presents a theoretical articulation between the Analytical Psychology of C. G. Jung and contemporary references in social theory, with the aim of improving the clinical listening of psychologists and other professionals who provide assistance to the population, regarding issues of gender and sexuality. "Instincts in Affective Neuroscience and Analytical Psychology" establishes relationships between the Analytical Psychology of Carl Gustav Jung and the Affective Neuroscience of Jaak Panksepp, comparing the basic instinctual systems proposed by both theories. In "Eco's calling: listening to silenced voices" a survey of Analytical Psychology studies on the mythological figure of Eco and literary studies that correlate silencing and psychology is carried out,

seeking to understand what leads to imposed silencing, its context and consequences. "Drummond's áporo: a jungian look" aims to describe and analyze the symbolic aspects of the poem "Áporo" by Carlos Drummond de Andrade, starting from a dream, and concluding that its progression suggests a process of individuation.

Even in a country wounded by so many losses, desolate and divided, we hope to strengthen culture, democracy, and the ideals of a fairer society, less polarized and without so much discrimination and inequalities. We seek, like our honoree, to believe and bet on the possibility of transformation through genuine and affective interest in the different, in the other, in otherness.

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Editors